

GALILEE 2.0 CENTRAL

*A spiritual and faith formation program for current and aspiring
Catholic school leaders*

2023 Information Booklet



Opening Doors

*Then Jesus said to them,
"Do not be afraid. Go and tell my brothers to go
to Galilee; there they will see me." (Matt 28:10)*



Catholic Institute of Western Australia

Building confidence in Catholic school staff and leaders for tomorrow

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Text: Margaret Scharf OP, D Min, Chris Hackett Ph D and Joanne Harris *14/08/2022.

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CONTENTS

CATHOLIC INSTITUTE OF WESTERN AUSTRALIA	5
WHAT IS <i>GALILEE 2.0 OPENING DOORS</i>?	5
Spiritual and Faith Formation	5
Personal and Reflective	5
Professionally Useful	6
Who are the facilitators for the <i>Galilee 2.0 Opening Doors</i> program?	6
WHAT IS THE PERSONAL AND SCHOOL COMMITMENT?	6
<i>Galilee 2.0 Opening Doors</i> 2023	7
Preparation and Workload	7
Costs	7
WHAT IS THE SCHEDULE?	8
<i>Galilee 2.0</i> Program	8
Gathering 1: OUR COMMON HOME: Laudato Si'	8
Gathering 2: Discerning the Movement of the Spirit	9
Gathering 3: They call me Trinity / Staff Project	9
Gathering 4: Gathered in my name (Retreat)	9
HOW DO I APPLY?	9
Support of Your Principal.....	10
Contact for Further Inquiries.....	10
TESTIMONIALS.....	10
APPLICATION FORM.....	11
Applicant Information	11
Professional and Religious Background.....	11
Emergency and Medical Information	11
Personal and Principal Statement	12
Commitment and Signature	12



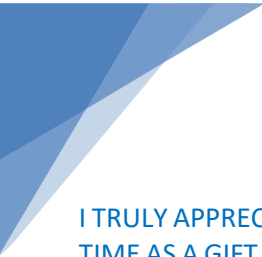


The Catholic Institute of Western Australia is a unique Catholic tertiary educational body, created by and accountable to the Conference of Catholic Bishops of Western Australia. The purpose of the Institute is to provide professional and theological education; and, spiritual and faith formation for current and future educators and leaders in Catholic schools and other groups who, from time to time, may seek such assistance. The *Galilee 2.0* spiritual and faith formation program is one such initiative to support educators and leaders in their vocation of teaching and leading.

WHAT IS *GALILEE 2.0 OPENING DOORS*?

The goal of the *Galilee* spiritual and faith formation program is to assist in the on-going spiritual and faith formation of aspiring and current leaders in Catholic schools. The hope is that leaders will then develop the confidence to nurture and deepen the spiritual and faith capabilities of the whole school community. *Galilee 2.0 Opening Doors* is the second in a series of programs to be offered. The program uses the metaphor of 'opening doors' to assist participants in exploring an outward movement to the relationship with others on the journey as a transformative process.

SPIRITUAL AND FAITH FORMATION



I TRULY APPRECIATED THE TIME AS A GIFT FOR MYSELF TO DEEPEN MY RELATIONSHIP WITH GOD. I FEEL REFRESHED, REJUVENATED, ENLIVENED & JOYFUL. THANK YOU FOR THE OPPORTUNITY FOR SELF-REFLECTION.

Galilee participant

The Galilee program of spiritual and faith formation is unique to each person. When people explore their spiritual and faith life journeys, no "one size fits all". The program offers participants the opportunity to deepen their relationship with God, self, others and creation.

Entering into a relationship with God involves entering into the Mystery of God. Sometimes, in the hectic turmoil of professional life, it may be very difficult to reflect on and find a way to communicate to others the nature of an encounter with God. A program of formation such as Galilee can lead people to a greater consciousness of the Mystery of God present in their lives, as their search for knowledge and insight increases during the program.

The spiritual and faith formation program includes a balanced exploration of participants' spiritual and faith journeys. At the core of their spiritual experiences are those moments of profound personal change or 'metanoia', which impact upon the choices they make. At the core of participants' faith experience is the challenge to freely and boldly proclaim the Good News and how they will live out the faith they profess.

PERSONAL AND REFLECTIVE

The *Galilee* program has an intentional process, designed for people who desire, and are willing, to take the challenging inner journey. Opening Doors demands a willingness for participants to go deeper, to search for the truth about who they are and realise that the triune God is ever-present in their lives. The program provides time to learn the art of personal reflection, the practice of meditation and make use of tools for prayer or journaling.

It is only when people stop, take the time to let go and sink into the inner depths of their being, that they can gain personal knowledge and insight of the foundations of God, life and the self, and it is in this place that they discover not only answers but the deeper questions, the answers of which can only be best described in one word: mystery. Going into the depths is akin to the invitation of Jesus, "Put out into the deep water and let your nets down for a catch" (Luke 5:4).



PROFESSIONALLY USEFUL

The Galilee program is designed with a Christ-centred focus within a Trinitarian context to provide new understandings and skills to enhance participants' spiritual and faith capabilities. As many participants aspire to become leaders of their school communities, the program encourages a greater confidence in promoting a Catholic identity and worldview. The program covers topics drawn from the scriptural and theological foundations of the Catholic spiritual and faith traditions. Participants are invited to critically explore the content and to practise prayerful exercises. This deep learning will support the teaching of a Catholic perspective both within Religious Education and across the school curriculum.

The *Opening Doors* program can contribute towards hours for faith formation as part of Ongoing Renewal of Accreditation with Catholic Education Western Australia.

WHO ARE THE FACILITATORS FOR THE *GALILEE 2.0 OPENING DOORS* PROGRAM?

In 2023, the *Galilee 2.0 Opening Doors* program will be facilitated by Dr Margaret Scharf OP, as Principal Facilitator, along with the Managing Director Dr Chris Hackett and other staff from the Catholic Institute of Western Australia. Ms Jo Harris, Coordinator of Formation and Renewal at the Catholic Institute will also assist and lead the organisation of the program.



Dr Margaret Scharf OP is a Dominican Sister whose major ministry involves the spiritual and faith formation of adults: as a presenter with the Centre for Faith Enrichment in the Archdiocese of Perth, and as the lead spiritual and faith formation facilitator for CIWA. Margaret also offers professional development and retreat days for staffs of Catholic schools in WA and facilitates the Galilee 'grassroots' programs. She holds a doctorate in Ministry in Spiritual Direction, and is a spiritual director, doctoral supervisor, and highly experienced and engaging adult faith facilitator.



Dr Chris Hackett has a background in academic research and teaching in Catholic Religious Education. He holds a Doctor of Philosophy and a Masters in Religious Education from The University of Notre Dame Australia. His research interests are in the development of spiritual and religious capabilities in the Catholic school curriculum and the faith formation of early career RE teachers and leaders.



Jo has a vast experience in Catholic Education in WA with stints as an Assistant Principal and short-term Principal at numerous schools. She has worked at the Catholic Education Western Australia as an RE consultant in the Perth, Broome and Geraldton dioceses. Jo has completed her Master of Education (Religious Education) and has special interests in Biblical storytelling (being a trained Godly Play storyteller) and embedding Aboriginal perspectives into Religious Education.

Sr Margaret along with other Catholic Institute staff have worked closely together to research, trial, implement and evaluate the Galilee program. This is the seventh year the program has been offered and *Galilee 2.0 Opening Doors* represents the second in a series of three Galilee encounters: *Galilee 1.0 Stepping Stones* and *Galilee 3.0 Leading the Way*. They hope participants will find the Galilee program to be a personally valuable and professionally rewarding experience!

WHAT IS THE PERSONAL AND SCHOOL COMMITMENT?

The Galilee program relies on participants committing to a year-long program of four modules or 'Gatherings', that is, one Gathering each term. Participants are expected to commit to all four Gatherings. Such a commitment is crucial to the success of the program as participants form 'mentoring groups' to discuss topics at deeper personal and professional levels.

One of the Gatherings is a live-in retreat extended over a weekend. The retreat experience is dependent on the commitment of participants in building closer ties and community with each other. To that end, the Institute's preference is to have participants commit to the full weekend rather than have partial stays.

When participants apply to enrol into Galilee 2.0, Principals are asked to support the participants' application, to be aware of the personal time commitment, and to ensure that funds are available for participants to complete the program in a timely manner. Participants in Catholic schools located outside of the Archdiocese of Perth Metropolitan Area are supported by a travel allowance of up to \$1800 per annum in the Galilee program. They should also discuss with their Principal if any additional funding for transport and accommodation may be available to be able to attend the program.

GALILEE 2.0 OPENING DOORS 2023



WITH EACH EXPERIENCE OF GALILEE, IT HELPS ME TO MOVE ON WITH MY FAITH JOURNEY — THAT EVEN THOUGH WE ARE INDIVIDUALS, WE ALL HAVE A COMMON THREAD — OUR FAITH.

Galilee participant

The *Galilee 2.0 Opening Doors* program has four Gatherings conducted over the year starting in Term 1, 2023. Participants are advised to wear comfortable clothing that allows for activities in the meeting room and for outdoors. The first, second and third Gatherings are scheduled over a Friday early evening and all-day Saturday. Materials, light meals and refreshments will be provided. The fourth Gathering is a live-in retreat and begins Friday early evening and ends just after Sunday lunchtime. Facilitation of the Gatherings is led by Dr Margaret Scharf OP along with Dr Chris Hackett and the Catholic Institute staff. The first, second and third Gatherings are held at the Newman Siena Centre, 33 Williamstown Road, Doubleview and the fourth at St John of God Retreat Centre, Rockingham. At the end of *Galilee 2.0*, participants are invited to commit to the *Galilee 3.0 Leading the Way* program, which will commence in 2023 and comprises of another four Gatherings over two years. Alternatively, participants can join *Galilee 3.0* at a later date.

PREPARATION AND WORKLOAD

For each Gathering, there is some pre-reading to do that focuses on the Gathering theme. The readings are not lengthy but form the nucleus of discussion for the mentoring groups. During the sessions, time will be set aside for personal reflection and journaling and participants will be encouraged to discuss their reflections in the large and small groups.

There will also be time set aside for praying and invitations to share prayer intentions. Between the Gatherings, participants will need to attend to communication via the dedicated Microsoft *Teams* channel and through emails about the Galilee 2.0 program. Through the *Teams* channel, participants will be able to interact with each other and the facilitators to build a deepening formation community.

COSTS

The program is limited to 24 participants subject to the review of applications submitted. In 2023, the Presentation Sisters in Western Australia are sponsoring the program resulting in a substantial reduction in costs for participants. The table below sets out the cost structure for the categories of participants.

Category	Participant Location / Background Descriptor and Cost
A	<p>A Catholic school located in Archdiocese of Perth Metropolitan Area which has more than one stream as a primary school or is a K-12 or secondary Catholic school.</p> <ul style="list-style-type: none"> Three Friday/Saturday Gatherings cost: \$330.00 inc gst for individual or \$300 exc gst for school payment Retreat Gathering cost = \$605 inc gst for individual or \$550 exc gst for school payment <p>Total Galilee 1.0 Cost = \$935 inc gst for individual or \$850 exc gst for school payment</p>
B	<p>Single stream Catholic primary school, early childhood learning centre or CARE school within the Archdiocese of Perth Metropolitan Area</p> <ul style="list-style-type: none"> Three Friday/Saturday Gatherings cost: \$275 inc gst for individual or \$250 exc gst for school payment Retreat Gathering cost = \$550 inc gst for individual or \$500 exc gst for school payment <p>Total Galilee 1.0 Cost = \$825 inc gst for individual or \$750 exc gst for school payment</p>

C	<p>Any Catholic school located outside of Archdiocese of Perth Metropolitan Area</p> <ul style="list-style-type: none"> • Three Friday/Saturday Gatherings cost: \$275 inc gst for individual or \$250 exc gst for school payment • Retreat Gathering cost = \$550 inc gst for individual or \$500 exc gst for school payment <p>Total Galilee 1.0 Cost = \$825 inc gst for individual or \$750 exc gst for school payment</p> <ul style="list-style-type: none"> • Also travel costs met up to \$1800 per annum*
D	<p>Consecrated religious or priest in a Catholic school and the individual/order is paying.</p> <ul style="list-style-type: none"> • Three Friday/Saturday Gatherings cost: \$275 inc gst for individual or \$250 exc gst for school payment • Retreat Gathering cost = \$550 inc gst for individual or \$500 exc gst for school payment <p>Total Galilee 1.0 Cost = \$825 inc gst for individual or \$750 exc gst for school payment</p> <ul style="list-style-type: none"> • Also travel costs met up to \$1800 per annum* if in a Catholic school outside of Archdiocese of Perth Metropolitan Area

*Travel allowance is subject to changes in costs for travelling and the number of participants involved.

Participants can choose to pay personally for the year or for each Gathering or alternatively approach their Principal or Bursar for the school to pay the cost without incurring GST. If a participant is unable to attend a Gathering due to unforeseen circumstances, a cost of 50% may be charged for that Gathering. If a participant is unable to attend a retreat gathering after making payment, a refund will only be provided if notice of at least 30 days has been given.

WHAT IS THE SCHEDULE?

The *Galilee 2.0 Opening Doors* program begins in Term 1, 2023 and ends in Term 4, 2023. Participants are expected to arrive on time, allowing for the traffic congestion that occurs in the Perth Metropolitan Area and to remain for the whole time. Morning tea is for half an hour and lunch is 45 minutes for the Friday/Saturday modules. Notification of meal-times and personal quiet times during the Retreat will be provided later.

At the end of each Gathering, pre-readings and other information about the next Gathering will be available on-line.

GALILEE 2.0 PROGRAM

GATHERING 1: OUR COMMON HOME: LAUDATO SI'

Term 1: Friday 17 February (4pm –7pm) and Saturday 18 February (8.45am-4.00pm) 2023

Human beings do not stand in isolation from each other. Instead, we live within a fine web of connection, not only to God and each other, but more urgently, with all of creation. Pope Francis boldly stated that we must enter into dialogue about “our common home” and recognise the need to take the issues of the earth to heart in order to end the *domino effect* which is happening on the planet. Further, “We have to realize that a true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor,” (2015, para. 49). This gathering will help us to:

- Identify the impact of individualism on the connectedness between individuals, global family and planet
- Explore integral ecology as a Catholic social teaching
- Study some of the key themes of Pope Francis’ *Laudato Si*
- Reflect on the disconnection within our lives and our school communities and experience those “changes of heart” as moments of mercy and reconciliation.

“AN EXCITING JOURNEY ALONG WITH HUMBLE SOULS READY FOR THE SURPRISES OF OUR GOD”

Galilee participant

GATHERING 2: DISCERNING THE MOVEMENT OF THE SPIRIT

Term 2: Friday 12 May (4pm –7pm) and Saturday 13 May (8.45am-4.00pm) 2023

As we mature, persons develop the ability to be a self-reflective being. We also become aware of the presence of the Holy Spirit at work in our lives, and discernment is the practice of staying open to the working of the Spirit throughout our lives, and in our decision-taking. We will explore:

- The Practice of Discernment: The Interior Movements of the Holy Spirit
- Silence: Learning the “language of God” (Thomas Keating)
- The teaching of St Ignatius of Loyola on discernment, and the practice of “Examen”
- Standing at the “still point of the turning world” (T.S. Elliot)
- Discerning Where I am on the Journey of Life

GATHERING 3: THEY CALL ME TRINITY / STAFF PROJECT

Term 3: Friday 25 August (4pm –7pm) and Saturday 26 August (8.45am-4.00pm) 2023

“In the name of the Father, and of the Son, and of the Holy Spirit.” We are familiar with this line as a recognition of God as Trinity in our lives. How do we understand the Mystery of the Trinity; its meaning and place in our Christian lives? We will explore:

- What is the Trinity?
- Development of the doctrine as being at the heart of Christianity
- The Apostles’ and Nicene Creeds
- Our Communion with God
- The Language of God (Love) expressed to us

GATHERING 4: GATHERED IN MY NAME (RETREAT)

Term 4: Friday 3 November (from 5pm) to Sunday (to 2.00pm) 5 November

The Catholic Church teaches that the celebration of the Liturgy is the “source and summit of the Christian life” (*Lumen Gentium*, 11). The Sacred Liturgy (Mass) has developed in many ways over the last 2000 years, like a living organism, reflecting the faith and theology of the Sacrament of the Eucharist at significant periods in the life of the Church.

This weekend retreat will offer participants the opportunity to reflect on:

- The story of the Liturgy
- Vatican Council II and the global changes
- The current theology of the Sacrament of the Eucharist
- Unpacking the rites which make up the Liturgy of the Word and Liturgy of the Eucharist
- Where do I stand when it comes to participating in the Sacred Liturgy?
- Eucharistic vocation

Participants will also prepare the rites and celebrate the Sacred Liturgy as the “summit” of the weekend together.

HOW DO I APPLY?

An application form is provided at the end of the booklet. You may EITHER:

Mail the application form to:

Jo Harris
Coordinator, Formation and Renewal
Catholic Institute of Western Australia
Newman Siena Centre
33 Williamstown Road
WA Doubleview 6018

OR

Email the form to Jo Harris:

joanne.harris@ci.wa.edu.au

Subject Field: Application for Galilee 2.0 Opening Doors program 2023



SUPPORT OF YOUR PRINCIPAL

The application form includes a statement that is required from the Principal in support of the participant. Participants are advised to make a time with their Principal to discuss the program and the capacity of the participant to complete the four Gatherings in the program and provide new understandings and skills to their school community. Applications will be considered on the likely benefits to the participant personally and to their school community.

CONTACT FOR FURTHER INQUIRIES

For further inquiries about the Galilee program or about the process of application, please contact Jo Harris, Coordinator, Formation and Renewal by email, joanne.harris@ci.wa.edu.au or by phone, (08) 9278 0226.

For further information about the *Galilee* program or other CIWA spiritual and faith formation programs available to Catholic schools and other Catholic organisations, please contact Dr Chris Hackett, Managing Director, CIWA by email, chris.hackett@ci.wa.edu.au or by phone, (08) 9278 0223.

TESTIMONIALS

"I truly appreciated the time as a gift for myself to deepen my relationship with God. I feel refreshed, rejuvenated, enlivened & joyful. Thank you for the opportunity for self-reflection."

"A very deep experience of sharing and deeping spiritual life."

"Once again, I have gotten so much out of this for my own personal faith formation, as well as gaining ideas about how to cultivate faith formation in others."

"I can't wait for the next Gathering. It's early days for us as a new group, however I can't help but feeling that strong relationships will be forged during our time together."

"Another soul-searching day which always leaves me with a deeper understanding of who I am and where I am going."

"I saw the program advertised, and as I work in a Catholic regional high school where spirituality is often missing, decided to enrol for ideas. The program has given me and my colleague some really good ideas to incorporate in our school."

"A time of great personal reflection. Precious time we rarely take for ourselves."

"So much of Galilee has been brought to the school; spirituality is back on the table."

"The Galilee journey suited my learning style and work commitments. The topics/themes were perfect for this time in my life. Thank you for the time given, personal sharing, knowledge imparted and gentle guidance over the 2 years. My spirituality and self-esteem has been developed."

"The challenge to have a change of heart was difficult and confronting at times but the encouragement and support of the other participants was wonderful."

"It has been an invaluable experience in my own faith formation and the ability to take it to the next level and to help others develop their own faith journey."

"I have found the project so valuable to my own personal growth. It was a project of passion for me, rather than something 'I just had to do'."



APPLICATION FORM

Send the application form to Jo Harris, Coordinator, Formation and Renewal joanne.harris@ci.wa.edu.au before **Friday, 3 February 2023**. Payment will be due after application is approved by the Managing Director.

APPLICANT INFORMATION

Full Name: _____
Last *First*

School _____

School Address: _____
Street Address

City/Town/Suburb

State

Post code

Your School Phone: _____ Your School Email: _____

I am completing this program to gain tertiary credit at UNDA (tick this box) ☐

PROFESSIONAL AND RELIGIOUS BACKGROUND

Current position of responsibility: _____

Years of teaching experience: _____ Years of leadership experience: _____

Religious affiliation: _____

EMERGENCY AND MEDICAL INFORMATION

Emergency Contact: _____
Name *Phone Number*

Medical Information (If necessary): _____
Doctor *Phone Number*

Dietary Requirements: _____

PERSONAL AND PRINCIPAL STATEMENT

Please provide a 300-word personal statement about why you would like to participate in the Galilee Opening Doors spiritual and faith formation program.

School Principal, please provide a 100-word statement about why you would like the above person to participate in the Galilee Opening Doors spiritual and faith formation program.

Principal's Signature: _____

COMMITMENT AND SIGNATURE

I agree to the terms and conditions of the program and commit myself to attending the four Gatherings in 2023.

Signature: _____

Date: _____