

# GALILEE 1.0

## 2020 Information Booklet

*A spiritual and faith formation program  
for Catholic school leaders*



*Then Jesus said to them,  
"Do not be afraid. Go and tell my brothers to go  
to Galilee; there they will see me" (Matt 28:10)*



## *Stepping Stones*



**Catholic Institute of Western Australia**

*preparing educators and leaders for Catholic schools since 1975*



The Catholic Institute of Western Australia is a unique Catholic tertiary educational body, created by and accountable to the Conference of Catholic Bishops of Western Australia. The purpose of the Institute is to provide professional and theological education; and, spiritual and faith formation for current and future educators and leaders in Catholic schools and other groups who, from time to time, may seek such assistance. The *Galilee 1.0* spiritual and faith formation program is one such initiative to support educators and leaders in their vocation of teaching and leading.

### WHO ARE THE FACILITATORS FOR THE GALILEE 1.0 STEPPING STONES PROGRAM?

In 2020, the *Galilee 1.0 Stepping Stones* program is led by Dr Margaret Scharf OP, Dominican Institute for Spirituality and Dr Chris Hackett, Director, Catholic Institute of Western Australia.



Dr Margaret Scharf OP is a Dominican Sister whose major ministry involves the spiritual and faith formation of adults: as coordinator of Adult Faith Formation for the Archdiocese of Perth, a presenter with the Centre for Faith Enrichment, and is the lead spiritual and faith formation facilitator for CIWA, which includes offering professional development and retreat days for staffs of Catholic schools in WA, and facilitating the *Galilee* program. Margaret holds a doctorate in Ministry in Spiritual Direction, and is a spiritual director, supervisor, and highly experienced adult retreat facilitator.



Dr Chris Hackett has a background in University research and teaching in Catholic Religious Education. Chris holds a Doctor of Philosophy and a Masters in Religious Education. His research interests are in the development of spiritual and religious capabilities in the Catholic school curriculum and the faith formation of early career RE teachers. Chris is the Director of the Catholic Institute of Western Australia and is seconded to the School of Education at The University of Notre Dame Australia, Fremantle as the Associate Dean for Religious Education.



Jessica Fic is the Coordinator of Professional Learning and Formation at the Catholic Institute. She holds a Masters degree in Religious Education and received the Knights of the Southern Cross Postgraduate Award for Religious Education in 2017 at UNDA. Jess has a strong interest in the use of storytelling in Religious Education and has completed training to become an accredited Godly Play storyteller. In 2019, Jessica designed and trialled a spiritual and faith formation program for early childhood educators called The T.I.T.U.S. (Testament In Teachers Using Scripture) Project.



Anita Finneran is a Catholic Institute lecturer and facilitator. As an innovative, enthusiastic, dynamic educator and faith leader she has extensive experience in secondary education and adult faith formation, having previously worked for the Director of Religious Education and Evangelisation, for Sydney Catholic Schools. Anita has a great interest in the Creative Arts; particularly Creative Writing and Theatre. She also enjoys using music and her guitar as a way to connect participants in workshops during retreat experiences.

Sr Margaret along with Catholic Institute staff have worked closely together to research, trial and implement the *Galilee* program. This is the fifth year the program has been offered and *Galilee 1.0 Stepping Stones* represents the first in a series of three *Galilee* encounters: *Galilee 2.0 Opening Doors* and *Galilee 3.0 Leading the Way*. They hope participants will find the *Galilee* program to be a personally valuable and professionally rewarding experience!

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An outline of the Galilee program can be found on Youtube at <https://youtu.be/3s7qexZpsJk>



## WHAT IS GALILEE 1.0 STEPPING STONES?

The goal of the *Galilee* spiritual and faith formation program is to assist in the on-going spiritual and faith formation of aspiring and current leaders in Catholic schools. The hope is that leaders will then develop the confidence to nurture and deepen the spiritual and faith capabilities of the whole school community. *Galilee 1.0 Stepping Stones* is the first in a series of programs to be offered. The program uses the metaphor of ‘stepping stones’ to assist participants in exploring their own spiritual and faith journeys as well as reflect on the influence of the Church’s journey in developing Christian spiritual and faith traditions.

### SPIRITUAL AND FAITH FORMATION

I TRULY APPRECIATED THE TIME AS A GIFT FOR MYSELF TO DEEPEN MY RELATIONSHIP WITH GOD. I FEEL REFRESHED, REJUVENATED, ENLIVENED & JOYFUL. THANK YOU FOR THE OPPORTUNITY FOR SELF-REFLECTION.

*Galilee participant*

The Galilee program of spiritual and faith formation is unique to each person. When people explore their spiritual and faith life journeys, no “one size fits all”. The program offers participants the opportunity to deepen their relationship with God, self, others and creation.

Entering into a relationship with God involves entering into the Mystery of God. Sometimes, in the hectic turmoil of professional life, it may be very difficult to reflect on and find a way to communicate to others the nature of an encounter with God. A program of formation such as Galilee can lead people to a greater consciousness of the Mystery of God present in their lives, as their search for knowledge and insight increases during the program.

The spiritual and faith formation program includes a balanced exploration of participants’ spiritual and faith journeys. At the core of their spiritual experiences are those moments of profound personal change or ‘metanoia’, which impact upon the choices they make. At the core of participants’ faith experience is the challenge to freely and boldly proclaim the Good News and how they will live out the faith they profess.

### PERSONAL AND REFLECTIVE

The Galilee program has an intentional process, designed for people who desire, and are willing, to take the challenging inner journey. Stepping Stones demands a willingness for participants to go deeper, to search for the truth about who they are and realise that God is ever-present in their lives. The program provides time to learn the art of personal reflection, the practice of meditation and make use of tools for prayer or journaling.

It is only when people stop, take the time to let go and sink into the inner depths of their being, that they can gain personal knowledge and insight of the foundations of God, life and the self, and it is in this place that they discover not only answers but the deeper questions, the answers of which can only be best described in one word: mystery. Going into the depths is akin to the invitation of Jesus, “Put out into the deep water and let your nets down for a catch” (Luke 5:4).



### PROFESSIONALLY USEFUL

The Galilee program is designed to provide new understandings and skills to enhance participants’ spiritual and faith capabilities. As many participants aspire to become leaders of their school communities, the program encourages a greater confidence in promoting a Catholic identity and worldview. The program covers topics drawn from the scriptural and theological foundations of the Catholic spiritual and faith traditions. Participants are invited to critically explore the content and to practise prayerful exercises. This deep learning will support the teaching of a Catholic perspective both within Religious Education and across the school curriculum.

**The Stepping Stones program can contribute to the equivalent of one tertiary unit at The University of Notre Dame Australia (UNDA) within the Masters courses in Religious Education (see ‘Preparation and Workload’ section on p. 5) and towards Accreditation for Leadership as well as satisfy hours for Accreditation renewal.**

## WHAT IS THE PERSONAL AND SCHOOL COMMITMENT?

The Galilee program relies on participants committing to a year-long program of four modules or 'Gatherings', that is, one Gathering each term. Ideally participants should complete the program with a colleague. Participants are expected to commit to all four Gatherings. Such a commitment is crucial to the success of the program as participants form 'mentoring groups' to discuss topics at deeper personal and professional levels. One of the Gatherings is a retreat extended over a weekend and participants are encouraged to stay afterhours to build and enjoy the sense of community created.

When participants apply to enrol into Galilee 1.0, Principals are asked to support the participants' application, to be aware of the personal time commitment, and to ensure that funds are available for participants to complete the program in a timely manner. Participants in regional areas would need to discuss with their Principal the additional funding for transport and accommodation to be able to attend the program.

## GALILEE 1.0 STEPPING STONES 2020

The Galilee 1.0 *Stepping Stones* program has four Gatherings conducted over the year (see p. 6) starting in Term 1, 2020. Participants are advised to wear comfortable clothing that allows for activities in the meeting room and for outdoors. Three of the Gatherings are scheduled over a Friday early evening and all-day Saturday. Materials, light meals and refreshments will be provided. The fourth Gathering is a live-in retreat and begins Friday early evening and ends just after Sunday lunchtime. Facilitation of the Gatherings is led by Dr Margaret Scharf OP along with Dr Chris Hackett and the Catholic Institute staff. The first, second and fourth Gatherings are held at the Newman Siena Centre, 33 Williamstown Road, Doubleview and the third at St John of God Retreat Centre, Rockingham. At the end of Galilee 1.0, participants are invited to commit to the Galilee 2.0 *Opening Doors* program, which is due to commence in 2021 and comprises of another four Gatherings. Alternatively, participants can join Galilee 2.0 at a later date.

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*"REFLECTING ON MY 'STEPPING STONES' HELPED ME TO FULLY REALISE GOD WAS ALWAYS THERE, EVEN IN THE TIMES I THOUGHT HE WASN'T."*

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*Galilee participant*

## PREPARATION AND WORKLOAD

For each Gathering, there is some pre-reading to do that focuses on the Gathering theme. The readings are not lengthy but form the nucleus of discussion for the mentoring groups. During the sessions, time will be set aside for personal reflection and journalling and participants will be encouraged to discuss their reflections in the large and small groups.

There will also be time set aside for praying and invitations to share prayer intentions. Between the Gatherings, participants will need to attend to communication via Blackboard CourseSites and to emails about the Galilee 1.0 program. Through CourseSites, participants will be able to interact with each other and the facilitator on the topics raised during the Gatherings.

For participants intending to apply for tertiary credit, there will be a paper to submit two weeks after each Gathering is run. The four papers will be reflective but academic, 1500 words in length with citation and referencing using the APA 6<sup>th</sup> edition style. The papers will be able to be submitted electronically and will be marked by the facilitator. There is an additional cost involved in the marking of papers to be paid by the participants. Further details about the procedure for submission and application for credit at UNDA will be given during the program. A Letter of Completion will be issued once the four Gatherings have been completed and the papers have been marked with at least a Pass grade.

## COSTS

The program is limited to 24 participants subject to the review of applications submitted. The three Friday/Saturday Gatherings will cost \$340+gst each and the live-in retreat Gathering will cost \$480+gst. The total cost of \$1,500+gst is set for the full year period. For participants who intend to also apply for tertiary credit, the marking of each submitted paper will cost \$100+gst. If a participant is unable to attend a Gathering due to unforeseen circumstances, a cost of only 50% will be charged for that Gathering. An early bird discount of 10% will be applied when registration and full payment for all four Gatherings is received by **Friday, 13 December 2019**. The last date for applications is Friday, 7 February, 2020.

## WHAT IS THE SCHEDULE?

The Galilee 1.0 *Stepping Stones* program begins in Term 1, 2020 and ends in Term 4, 2020. Participants are expected to arrive on time, allowing for the traffic congestion that occurs in the Perth Metropolitan Area and to remain for the whole time. Morning tea is for half an hour and lunch is 45 minutes for the Friday/Saturday modules. Notification of meal times and personal quiet times during the Retreat will be provided later.

At the end of each Gathering, pre-readings and other information about the next Gathering will be available on-line.

### GALILEE 1.0 PROGRAM

#### GATHERING 1: INTRODUCTION TO SPIRITUALITY AND THE DESIRE FOR THE DIVINE

Term 1: Friday 14 February (4pm –7pm) and Saturday 15 February (8.45am-4.00pm)

We are spiritual beings as well as human beings, and within each person is a desire to connect with an Other, someone beyond ourselves, and yet at the same time at the core of the self. We will explore the following:

- Defining terms: spirituality, spiritual life, faith formation.
- The spark of the Divine within and our desire for God.
- The Church as the “sacrament of the inner union of [people] with God and the sacrament of the unity of the human race”.

#### GATHERING 2: COMMON THREADS: THE TAPESTRY OF CHRISTIAN SPIRITUALITY

Term 2: Friday 15 May (4pm –7pm) and Saturday 16 May (8.45am-4.00pm)

Foundational background as to the complexity of the Catholic faith community today. What is the history of Christianity, and how has that story been shaped by Catholic spirituality, and the many spiritualities of those who live the various ways of the Gospel? We will explore:

- Our Christian story through the lens of spirituality, focusing on the contributions of mystics and founders of religious orders to the shape of Christian spirituality over the centuries.
- The Contemporary world and the search for spirituality and faith.
- What is our particular Catholic spirituality?
- The spirituality of the School’s patron/ness, or the school’s name, and any connections to Religious Orders.



#### GATHERING 3: THE RETREAT EXPERIENCE (PRAYER)

Term 3: Friday (from 5pm) 11th September to Sunday (to 2pm) 13th September

Participants will take part in a weekend live-in retreat, starting on the Friday evening and ending at lunchtime on Sunday. There will be some input to set participants on the direction of the weekend; however, much of the time will be spent in personal reflection and prayer, as well as opportunities for small group sharing and praying together. Reflections may include the use of art, music, meditative walking, silent meditation and Lectio Divina. Celebration of the Eucharist is also included. Spiritual direction will also be available for those who choose to avail themselves of the opportunity.

WITH EACH EXPERIENCE  
OF GALILEE, IT HELPS ME  
TO MOVE ON WITH MY  
FAITH JOURNEY — THAT  
EVEN THOUGH WE ARE  
INDIVIDUALS, WE ALL  
HAVE A COMMON  
THREAD — OUR FAITH.

*Galilee participant*

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## GATHERING 4: INTEGRATING FAITH, CULTURE AND LIFE

Term 4: Friday 13 November (4pm –7pm) and Saturday 14 November (8.45am-4.00pm)

An exploration of the nature of the person, fully human, fully alive and who gives glory to God. Life is comprised of a number of “threads” which are intertwined, each impacting upon the other. At the heart of it all is the God-thread, God’s presence weaving and uniting each of us into an integrated whole. We will explore:

- What is faith?
- I am a work in progress: How do I co-operate with the Creator?
- Recognising where I am on the journey of faith and life.
- Exploring “stepping stones” relevant to the journey of life and faith.
- Belonging to a faith community: Optional Extra or a Longing of the Heart?
- Plenary-conscious people

## HOW DO I APPLY?



An application form is provided at the end of the booklet (pp. 9 & 10). You may either:

Mail the application form only to:

Pina Fiorenza  
Office Manager  
Catholic Institute of Western Australia  
Newman Siena Centre  
33 Williamstown Road  
WA Doubleview 6018

OR

Email the application form only to the Office Manager:

[admin@ci.wa.edu.au](mailto:admin@ci.wa.edu.au)

Subject Field: Application for Galilee program

## SUPPORT OF YOUR PRINCIPAL

The application form includes a statement that is required from the Principal in support of the participant. Participants are advised to make a time with their Principal to discuss the program and the capacity of the participant to complete the four Gatherings in the program and provide new understandings and skills to their school community. Applications will be considered on the likely benefits to the participant personally and to their school community.



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He said to them, “Come away to a deserted place all by yourselves and rest a while.”  
For many were coming and going, and they had no leisure even to eat.

Mark 6:31

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## CONTACT FOR FURTHER INQUIRIES

For further inquiries about the Galilee program on the process of application, please contact the Jessica Fic, Coordinator, Professional Learning & Formation by email, [jessica.fic@ci.wa.edu.au](mailto:jessica.fic@ci.wa.edu.au) or by phone, (08) 9241 5247.

## TESTIMONIALS

Participants' feedback about the Galilee program:

*"Brilliant way to stop and reflect on what spirituality means. Enables me to examine myself, improve to be the person God wants me to be."*

*"In a busy time, the Galilee program is sometimes the only time I take time to pray & reflect. I have realised I need to find more time to do this better."*

*"Keep walking on the stepping stones of faith but remember to look back and reflect on your journey so far."*

*"I have gained confidence to now share my faith with others."*

*"I saw the program advertised, and as I work in a Catholic regional high school where spirituality is often missing, decided to enrol for ideas. The program has given me and my colleague some really good ideas to incorporate in our school."*



*Galilee provided "some great ideas and readings to integrate into my own teaching."*

*"Sr Margaret's explanations of each topic gave me great ideas of how to explain aspects to students."*

*"A great weekend where I was able to take time out for me which is a rare experience!"*

*"There are times in our life where we come to God and God comes to us. These two days felt like this. The Galilee group gathered at the right time so that we could be mentors for and support each other."*

*"I was genuinely looking forward to coming to Galilee this weekend. The feeling of "belonging" that I get from the whole group, and more specifically my mentor group is most definitely a "well spring" that is refreshing, re-vitalising and re-invigorating. I feel blessed to grow my relationship with God through this opportunity."*

*"Loved the retreat ... could do this again."*

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**"THIS COURSE SHOULD BE COMPULSORY FOR ALL EDUCATORS IN CATHOLIC SCHOOLS. A BRILLIANT EXPERIENCE AND EXTREMELY WORTHWHILE."**

*Galilee participant*

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## APPLICATION FORM

Print pages 10 and 11 and send application form to CIWA Office Manager, Pina Fiorenza, [admin@ci.wa.edu.au](mailto:admin@ci.wa.edu.au) by **Friday, 13 December 2019 for Early Bird Registration.**

### APPLICANT INFORMATION

Full Name: \_\_\_\_\_  
*Last* *First*

School \_\_\_\_\_

School Address: \_\_\_\_\_  
*Street Address*

\_\_\_\_\_  
*City/Town/Suburb* *State* *Post code*

Your School Phone: \_\_\_\_\_ Your School Email \_\_\_\_\_

I am completing this program to gain tertiary credit at UNDA (tick this box)

### PROFESSIONAL AND RELIGIOUS BACKGROUND

Current position of responsibility: \_\_\_\_\_

Years of teaching experience: \_\_\_\_\_ Years of leadership experience: \_\_\_\_\_

Religious affiliation: \_\_\_\_\_

### EMERGENCY AND MEDICAL INFORMATION

Emergency Contact: \_\_\_\_\_  
*Name* *Phone Number*

Medical Information (If necessary): \_\_\_\_\_  
*Doctor* *Phone Number*

Dietary Requirements: \_\_\_\_\_

## PERSONAL AND PRINCIPAL STATEMENT

*Please provide a 300-word personal statement about why you would like to participate in the Galilee Stepping Stones spiritual and faith formation program.*

*School Principal, please provide a 100-word statement about why you would like the above person to participate in the Galilee Stepping Stones spiritual and faith formation program.*

Principal's Signature: \_\_\_\_\_

## COMMITMENT AND SIGNATURE

*I agree to the terms and conditions of the program and commit myself to attending the four Gatherings during 2020.*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_