

GALILEE 2.0

2020 Information Booklet

*A spiritual and faith formation program
for Catholic school leaders*



*Then Jesus said to them,
"Do not be afraid. Go and tell my brothers to go
to Galilee; there they will see me" (Matt 28:10)*



Opening Doors



Catholic Institute of Western Australia

preparing educators and leaders for Catholic schools since 1975



The Catholic Institute of Western Australia is a unique Catholic tertiary educational body, created by and accountable to the Conference of Catholic Bishops of Western Australia. The purpose of the Institute is to provide professional and theological education; and, spiritual and faith formation for current and future educators and leaders in Catholic schools and other groups who, from time to time, may seek such assistance. The *Galilee 2.0* spiritual and faith formation program is one such initiative to support educators and leaders in their vocation of teaching and leading.

WHO ARE THE FACILITATORS FOR THE GALILEE 2.0 *OPENING DOORS* PROGRAM?

In 2020, the *Galilee 2.0 Opening Doors* program will be facilitated by Dr Margaret Scharf OP, Principal Facilitator, Dominican Institute for Spirituality and Dr Chris Hackett, Director, Catholic Institute of Western Australia. Ms Jessica Fic, Coordinator of Professional Learning and Formation will assist and lead the organisation of the program.



Dr Margaret Scharf OP is a Dominican Sister whose major ministry involves the spiritual and faith formation of adults in a number of settings: as coordinator of Adult Faith Formation for the Archdiocese of Perth, a presenter with the Centre for Faith Enrichment, and is the lead spiritual and faith formation facilitator for CIWA, which includes offering professional development and retreat days for staffs of Catholic schools in WA, and facilitating the Galilee program. Margaret holds a doctorate in Ministry in Spiritual Direction, and is a spiritual director, supervisor, retreat presenter, and supervisor of a spiritual directors' three-year formation program for 16 years in California. Margaret also holds a Master of Education (Religious Studies) and a Master of Arts (Spirituality).



Dr Chris Hackett has a background in University research and teaching in Catholic Religious Education. Chris holds a Doctor of Philosophy and a Masters in Religious Education. His research interests are in the development of spiritual and religious capabilities in the Catholic school curriculum and the faith formation of early career RE teachers. Chris has held the position of Director of the Catholic Institute of Western Australia for the past eight years. He is seconded to the School of Education at UNDA, Fremantle as the Associate Dean for Religious Education.



Ms Jessica Fic is the Coordinator of Professional Learning and Formation at the Catholic Institute. She holds a Masters degree in Religious Education and received the Knights of the Southern Cross Postgraduate Award for Religious Education in 2017 at UNDA. Jess has a strong interest in the use of storytelling in Religious Education and has completed training to become an accredited Godly Play storyteller. In 2019, Jessica designed and trialled a spiritual and faith formation program for early childhood educators called The T.I.T.U.S.(Testament In Teachers Using Scripture) Project.

Margaret, Chris and Jess have worked closely together, along with other Catholic Institute staff, to research, trial and implement the Galilee program. This is the fifth year the program has been offered and *Galilee 2.0 Opening Doors* represents the second in a series of three Galilee encounters: *Galilee 1.0 Stepping Stones* and *Galilee 3.0 Leading the Way*. They hope participants will find the Galilee program to be a personally valuable and professionally rewarding experience!

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Text: Margaret Scharf OP, D Min and Chris Hackett Ph D 08/08/2019.

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CONTENTS

CATHOLIC INSTITUTE OF WESTERN AUSTRALIA	2
Who are the facilitators for the Galilee 2.0 <i>Opening Doors</i> program?	2
WHAT IS GALILEE 2.0 <i>OPENING DOORS</i>?	4
Spiritual and Faith Formation	4
Personal and Reflective	4
Professionally Useful	4
WHAT IS THE PERSONAL AND SCHOOL COMMITMENT?	5
Galilee 2.0 <i>Opening Doors</i> 2020	5
Preparation and Workload	5
Costs	5
WHAT IS THE SCHEDULE?	6
Galilee 2.0 Program	6
Gathering 1: Mending the Web.....	6
Gathering 2: Discerning the Movement of the Spirit	6
Gathering 3: School Project.....	6
Gathering 4: The Retreat Experience (Transformative Journey).....	7
HOW DO I APPLY?	7
Support of Your Principal.....	7
Contact for Further Inquiries	7
TESTIMONIALS.....	8
APPLICATION FORM.....	9
Applicant Information	9
Professional and Religious Background.....	9
Emergency and Medical Information	9
Personal and Principal Statement	10
Commitment and Signature	10

WHAT IS GALILEE 2.0 OPENING DOORS?

The goal of the *Galilee* spiritual and faith formation program is to assist in the on-going spiritual and faith formation of aspiring and current leaders in Catholic schools. The hope is that leaders will then develop the confidence to nurture and deepen the spiritual and faith capabilities of the whole school community. *Galilee 2.0 Opening Doors* is the second in a series of programs to be offered. The program uses the metaphor of 'opening doors' to assist participants in exploring an outward movement to the relationship with others on the journey as a transformative process.

SPIRITUAL AND FAITH FORMATION

The Galilee program of spiritual and faith formation is unique to each person. When people explore their spiritual and faith life journeys, no "one size fits all". The program offers participants the opportunity to deepen their relationship with God, self, others and creation.

Entering into a relationship with God involves entering into the Mystery of God. Sometimes, in the hectic turmoil of professional life, it may be very difficult to reflect on and find a way to communicate to others the nature of an encounter with God. A program of formation such as Galilee can lead people to a greater consciousness of the Mystery of God present in their lives, as their search for knowledge and insight increases during the program.

The spiritual and faith formation program includes a balanced exploration of participants' spiritual and faith journeys. At the core of their spiritual experiences are those moments of profound personal change or 'metanoia', which impact upon the choices they make. At the core of participants' faith experience is the challenge to freely and boldly proclaim the Good News and how they will live out the faith they profess.



PERSONAL AND REFLECTIVE

The Galilee program has an intentional process, designed for people who desire, and are willing, to take the challenging inner journey. Opening Doors demands a willingness for participants to go deeper, to search for the truth about who they are and realise that God is ever-present in their lives. The program provides time to learn the art of personal reflection, the practice of meditation and make use of tools for prayer or journaling.

It is only when people stop, take the time to let go and sink into the inner depths of their being, that they can gain personal knowledge and insight of the foundations of God, life and the self, and it is in this place that they discover not only answers but the deeper questions, the answers of which can only be best described in one word: mystery. Going into the depths is akin to the invitation of Jesus, "Put out into the deep water and let your nets down for a catch" (Luke 5:4).

I TRULY APPRECIATED THE TIME AS A GIFT FOR MYSELF TO DEEPEN MY RELATIONSHIP WITH GOD. I FEEL REFRESHED, REJUVENATED, ENLIVENED & JOYFUL. THANK YOU FOR THE OPPORTUNITY FOR SELF-REFLECTION.

Galilee participant

PROFESSIONALLY USEFUL

The Galilee program is designed to provide new understandings and skills to enhance participants' spiritual and faith capabilities. As many participants aspire to become leaders of their school communities, the program encourages a greater confidence in promoting a Catholic identity and worldview. The program covers topics drawn from the scriptural and theological foundations of the Catholic spiritual and faith traditions. Participants are invited to critically explore the content and to practise prayerful exercises. This deep learning will support the teaching of a Catholic perspective both within Religious Education and across the school curriculum.

The Opening Doors program can contribute to the equivalent of one tertiary unit at The University of Notre Dame Australia (UNDA) within the Masters courses in Religious Education (see 'Preparation and Workload' section on p. 5) and towards Accreditation for Leadership as well as satisfy hours for Accreditation renewal.

WHAT IS THE PERSONAL AND SCHOOL COMMITMENT?

The Galilee program relies on participants committing to a year-long program of four modules or 'Gatherings', that is, one Gathering each term. Ideally participants should complete the program with a colleague. Participants are expected to commit to all four Gatherings. Such a commitment is crucial to the success of the program as participants form 'mentoring groups' to discuss topics at deeper personal and professional levels. One of the Gatherings is a retreat extended over a weekend and participants are encouraged to stay afterhours to build and enjoy the sense of community created.

When participants apply to enrol into Galilee 2.0, Principals are asked to support the participants' application, to be aware of the personal time commitment, and to ensure that funds are available for participants to complete the program in a timely manner. Participants in regional areas would need to discuss with their Principal the additional funding for transport and accommodation to be able to attend the program.

GALILEE 2.0 OPENING DOORS 2020

The Galilee 2.0 *Opening Doors* program has four Gatherings conducted over the year (see p. 6) starting in Term 1, 2020. Participants are advised to wear comfortable clothing that allows for activities in the meeting room and for outdoors. The first second and third Gatherings are scheduled over a Friday early evening and all-day Saturday. Materials, light meals and refreshments will be provided. The fourth Gathering is a live-in retreat and begins Friday early evening and ends just after Sunday lunchtime. Facilitation of the Gatherings is led by Dr Margaret Scharf OP along with Dr Chris Hackett and the Catholic Institute staff. The first, second and third Gatherings are held at the Newman Siena Centre, 33 Williamstown Road, Doubleview and the fourth at St John of God Retreat Centre, Rockingham. At the end of Galilee 2.0, participants are invited to commit to the Galilee 3.0 *Leading the Way* program, which will commence in 2021 and comprises of another four Gatherings over a period of two years. Alternatively, participants can join Galilee 3.0 at a later date.

"AN EXCITING JOURNEY ALONG WITH HUMBLE SOULS READY FOR THE SURPRISES OF OUR GOD"

Galilee participant

PREPARATION AND WORKLOAD

For each Gathering, there is some pre-reading to do that focuses on the Gathering theme. The readings are not lengthy but form the nucleus of discussion for the mentoring groups. During the sessions, time will be set aside for personal reflection and journaling and participants will be encouraged to discuss their reflections in the large and small groups. There will also be time set aside for praying and invitations to share prayer intentions. Between the Gatherings, participants will need to attend to communication via Blackboard on Coursesites and to emails about the Galilee 2.0 program. Through Coursesites, participants will be able to interact with each other and the facilitator on the topics raised during the Gatherings.

For participants intending to apply for tertiary credit, there will be a paper to submit two weeks after each Gathering is run. The four papers will be reflective but academic, 1500 words in length with citation and referencing using the APA 6th edition style. The papers will be able to be submitted electronically and will be marked by the facilitator. There is an additional cost involved in the marking of papers to be paid by the participants. Further details about the procedure for submission and application for credit at UNDA will be given during the program. A Letter of Completion will be issued once the four Gatherings have been completed and the papers have been marked with at least a Pass grade.

COSTS

The program is limited to 24 participants subject to the review of applications submitted. The three Friday/Saturday Gatherings will cost \$300+gst each and the live-in retreat Gathering will cost \$400+gst. The total cost of \$1,300+gst is set for the full year period. For participants who intend to also apply for tertiary credit, the marking of each submitted paper will cost \$100+gst. If a participant is unable to attend a Gathering due to unforeseen circumstances, a cost of only 50% will be charged for that Gathering. An early bird discount of 10% will be applied when registration and full payment for all four Gatherings is received by **Friday, 13 December 2019**.

WHAT IS THE SCHEDULE?

The Galilee 2.0 *Opening Doors* program begins in Term 1, 2020 and ends in Term 4, 2020. Participants are expected to arrive on time, allowing for the traffic congestion that occurs in the Perth Metropolitan Area and to remain for the whole time. Morning tea is for half an hour and lunch is 45 minutes for the Friday/Saturday modules. Notification of meal times and personal quiet times during the Retreat will be provided later.

At the end of each Gathering, pre-readings and other information about the next Gathering will be available on-line.

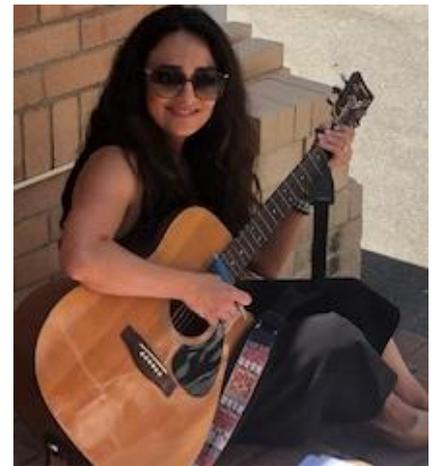
GALILEE 2.0 PROGRAM

GATHERING 1: MENDING THE WEB

Term 1: Friday 21 February (4pm –7pm) and Saturday 22 February (8.45am-4.00pm)

Human beings do not stand in isolation from each other, rather, we are live among fine webs of connection. We are connected by the relationships we have with God, others, all of creation and ourselves. At difficult times in our lives, we suffer the consequences of the broken webs, when we are conscious of the need to contemplate how best to mend those webs and experience healing. We will explore the following topics:

- The divided self and the desire for wholeness
- “Through shadows and images” to the truth of who we are
- Dispelling the myths surrounding Forgiveness
- The Sacrament of Reconciliation
- Jesus the Healer and Saviour
- The Restorative Journey: Reconciling and mending the web of our lives



GATHERING 2: DISCERNING THE MOVEMENT OF THE SPIRIT

Term 2: Friday 8 May (4pm –7pm) and Saturday 9 May (8.45am-4.00pm)

As we mature, persons develop the ability to be a self-reflective being. We also become aware of the presence of the Holy Spirit at work in our lives, and discernment is the practice of staying open to the working of the Spirit throughout our lives, and in our decision-taking. We will explore:

- The Practice of Discernment: The Interior Movements of the Holy Spirit
- Silence: Learning the “language of God” (Thomas Keating)
- The teaching of St Ignatius of Loyola on discernment, and the practice of “Examen”
- Standing at the “still point of the turning world” (T.S. Elliot)
- Discerning Where I am on the Journey of Life

GATHERING 3: SCHOOL PROJECT

Term 3: Friday 28 August (4pm –7pm) and Saturday 29 August (8.45am-4.00pm)

This Gathering will be a sharing of the various projects that each participant has designed for development in their school’s community. This time will offer participants the opportunity to critique each other’s work and offer helpful suggestions as peers. It will also be a time of reflection and shared evaluation of the program. Participants will discuss ways to continue as peers in the future.

WITH EACH EXPERIENCE
OF GALILEE, IT HELPS ME
TO MOVE ON WITH MY
FAITH JOURNEY — THAT
EVEN THOUGH WE ARE
INDIVIDUALS, WE ALL
HAVE A COMMON
THREAD — OUR FAITH.

Galilee participant

GATHERING 4: THE RETREAT EXPERIENCE (TRANSFORMATIVE JOURNEY)

Term 4: Friday 6 November (from 5pm) to Sunday (to 2.00pm) 8 November

St Paul writes to the Galatians, “it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me (2:20). As the final gathering of the program offered as a retreat experience, participants will reflect on the transformative nature of the call to become the face of Christ in our world. We will reflect on:

- The Transformative Nature of the Spiritual Journey
- Metanoia: the call to a “change of heart” (conversion)
- Exploring the model of Jesus’ journey in the Gospel of Luke
- Transformation in the lives of key Scriptural figures
- My Brilliant Journey, thus far

HOW DO I APPLY?



An application form is provided at the end of the booklet (pp. 9 & 10). You may either:

Mail the application form only to:

Pina Fiorenza
Office Manager
Catholic Institute of Western Australia
Newman Siena Centre
33 Williamstown Road
WA Doubleview 6018

OR

Email the application form only to the Office Manager:

admin@ci.wa.edu.au

Subject Field: Application for Galilee program

SUPPORT OF YOUR PRINCIPAL

The application form includes a statement that is required from the Principal in support of the participant. Participants are advised to make a time with their Principal to discuss the program and the capacity of the participant to complete the four Gatherings in the program and provide new understandings and skills to their school community. Applications will be considered on the likely benefits to the participant personally and to their school community.

CONTACT FOR FURTHER INQUIRIES

For further inquiries about the Galilee program on the process of application, please contact the Jessica Fic, Coordinator, Professional Learning & Formation by email, jessica.fic@ci.wa.edu.au or by phone, (08) 9241 5247.



He said to them, “Come away to a deserted place all by yourselves and rest a while.”
For many were coming and going, and they had no leisure even to eat.

Mark 6:31



TESTIMONIALS

"I truly appreciated the time as a gift for myself to deepen my relationship with God. I feel refreshed, rejuvenated, enlivened & joyful. Thank you for the opportunity for self-reflection."

So positive, genuine, supportive and inspirational thus far. I look forward to the subsequent Gatherings and gaining new insights spiritually and professionally. Thank you!

I can't wait for the next Gathering. It's early days for us as a new group, however I can't help but feeling that strong relationships will be forged during our time together.

"I have gained confidence to now share my faith with others."

"I saw the program advertised, and as I work in a Catholic regional high school where spirituality is often missing, decided to enrol for ideas. The program has given me and my colleague some really good ideas to incorporate in our school."

A time of great personal reflection. Precious time we rarely take for ourselves.



"So much of Galilee has been brought to the school; spirituality is back on the table."

The Galilee journey suited my learning style and work commitments. The topics/themes were perfect for this time in my life. Thank you for the time given, personal sharing, knowledge imparted and gentle guidance over the 2 years. My spirituality and self-esteem has been developed.

The challenge to have a change of heart was difficult and confronting at times but the encouragement and support of the other participants was wonderful.

"It has been an invaluable experience in my own faith formation and the ability to take it to the next level and to help others develop their own faith journey."

I have found the project so valuable to my own personal growth. It was a project of passion for me, rather than something 'I just had to do'.

"THIS COURSE SHOULD BE COMPULSORY FOR ALL EDUCATORS IN CATHOLIC SCHOOLS. A BRILLIANT EXPERIENCE AND EXTREMELY WORTHWHILE."

Galilee participant

APPLICATION FORM

Print pages 9 and 10 and send application form to CIWA Office Manager, Pina Fiorenza,
admin@ci.wa.edu.au Friday, 13 December 2019.

APPLICANT INFORMATION

Full Name: _____
Last *First*

School _____

School Address: _____
Street Address

City/Town/Suburb *State* *Post code*

Your School Phone: _____ Your School Email _____

I am completing this program to gain tertiary credit at UNDA (tick this box)

PROFESSIONAL AND RELIGIOUS BACKGROUND

Current position of responsibility: _____

Years of teaching experience: _____ Years of leadership experience: _____

Religious affiliation: _____

EMERGENCY AND MEDICAL INFORMATION

Emergency Contact: _____
Name *Phone Number*

Medical Information (If necessary): _____
Doctor *Phone Number*

Dietary Requirements: _____

PERSONAL AND PRINCIPAL STATEMENT

Please provide a 300-word personal statement about why you would like to participate in the Galilee Opening Doors spiritual and faith formation program.

School Principal, please provide a 100-word statement about why you would like the above person to participate in the Galilee Opening Doors spiritual and faith formation program.

Principal's Signature: _____

COMMITMENT AND SIGNATURE

I agree to the terms and conditions of the program and commit myself to attending the four Gatherings during 2020.

Signature: _____

Date: _____